



Spring 2025

Advanced Specialist Training in Counselling Children and Young People (CPCAB Level 5 certificate)

We are pleased to offer a specialist training for practitioners wishing to work therapeutically with young people (9-18 years). Compliant with the BACP Counselling Young People Training Curriculum (stages 1 and 2). The course began in 2017 and has been successfully delivered both in-person and online. This course is delivered entirely online.

Delivered as six separate two-day seminars, offering counsellors skills, understanding and experience of how to work ethically and effectively with young people. The course includes: Reflective Practice, Theory and Skills. A 50-session supervised placement counselling YP required.

Feedback from previous courses

Amazing course - thank you tutors! My confidence has grown so much (Nov 2017)

Experiential nature of course, offered a variety of learning styles. I would highly recommend this course. (July 2018)

Supportive environment provided us with the perfect space to learn & grow with knowledge & kindness (Oct 2019)

One of the best trainings that I have undertaken and would recommend it to anyone. (Nov 2020)

Extremely supported throughout & exceeded all expectations. I would highly recommend this course to other professionals (Oct 2021)

The course overall has been a great experience and so well put together by all the tutors who clearly know their stuff to cover the content of the course and some!! (March 2023)

Overall, this course exceeded my expectations, providing a rich, valuable learning experience that has significantly enhanced my confidence and competence in counselling children and young people. (October 2024)

Dates

Seminars will be held on Saturdays and Sundays from 10am to 4.30pm

Seminar 1 – 03/04 May 25

Seminar 3 – 05/06 July 25

Seminar 5 – 27/28 September 25

Seminar 2 – 07/08 June 25

Seminar 4 – 06/07 September 25

Seminar 6 – 18/19 October 25

Course Tutors

Lorraine Sherman BACP Snr Accred, Author of 'Skills in Counselling Children and Young People'

Lawrence Railton BACP Accred, MA Counselling CYP, Supervisor **Kathryn Cox** – BACP Accred, Clinical Director

Area43, **Ros Evans** – BACP Accred, Supervisor, CYP Counsellor **Alex Davies** - MBACP, CYP Counsellor & Specialist MH mentor, **Natasha Harding** – MBACP, Lead Counsellor Adolescent Services, Hillingdon

Entry Requirements

- Open to qualified counsellors and final year counselling students
- Current enhanced DBS certificate
- Membership of a counselling/psychotherapy professional organisation

Cost

Total cost for 12 days, £1,593 which includes £193 CPCAB registration. Deposit of £250 secures your place. Balance due by March 21st 2025. Instalment plans available.

Three reduced fees bursaries available for those on low income, please enquire for details.

For an application form or more information contact

admin@lrs counselling training.com

See our website: <http://lrs counselling training.com/>