



## **Supervision Training** **Adult, Children and Young People Focus.** CPCAB Level 5 Accredited Certificate

This course focuses on the skills and competences needed to supervise counsellors and therapists whose clients are both adults and young people.

The qualification includes all necessary elements of the BACP curriculum for supervision.

Theories of supervision will be examined.

The core model is Humanistic and experiential with a strong emphasis on participative small group learning.

The course includes: Using Play, Creativity and Metaphor in Supervision, Reflective practice, Diversity and cultural awareness, Group and individual supervision methods, child and adolescent development, children's rights and the law and the differences in holding confidentiality dependent on age and developmental factors.

10 days, 60 hours and requires a placement in individual or group supervision.

**Seminars will be held online via Zoom, Saturdays from 9:30am – 5pm.**

**2024 - 22nd June 20th July 21st September 19th October**

**16th November 14th December**

**2025 - 18th January 15th February 8th March 5th April**

**Cost – Total cost for 10 days: £1450 which includes CPCAB fee of £184.**

Deposit £200 secures your place. Balance due by 10/05/2024. Payment plan available

Course leader is Lorraine Sherman. There will be supporting tutors who have great depth of experience in the field.

Qualifications required to attend:

**Essential:** A recognised counselling or therapy qualification. 2 years, minimum 200 hours post qualifying counselling/therapy practice. CYP Knowledge and experience.

**Advised:** Post-qualifying training in Counselling Children and Young People  
Experience in counselling/therapy with both Adults and Young People.

Lorraine Sherman has an MA in Consultative Supervision and is the Clinical Director of LRS Counselling training. She is Author of 'Skills in Counselling and Psychotherapy with Children and Young People', Sage 2015. She supervises many counsellors whose clients are both adults and young people.

For further information  
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